

Notice of Non-Discrimination and Accessibility

Last revision: January 1st, 2022

Grow Therapy, which includes Grow Care, Inc. and Grow Professionals as described in the Grow Therapy Terms of Service, complies with applicable Federal and State civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Grow Therapy does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Grow Therapy provides free interpretation services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Qualified language interpretation services to people whose primary language is not English

If you need these services or have any accessibility questions or requests, contact Grow Therapy at support@growththerapy.com.

If you believe that Grow Therapy has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: support@growththerapy.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue SW. Room 509F, HHH Building Washington, DC 20201 Toll Free: 1-800-868-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Language Assistance Services

Grow Therapy will take reasonable steps to provide free-of-charge language assistance services to individuals who speak languages we are likely to hear in our practice.

None of the Site content (other than information you receive from Healthcare Professionals) should be considered medical advice or an endorsement, representation or warranty that any particular medication or treatment is safe, appropriate, or effective for you.

Spanish: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al support@growththerapy.com.

Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 support@growththerapy.com.

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số support@growththerapy.com.

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. support@growththerapy.com 번으로 전화해 주십시오.

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa support@growththerapy.com.

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните support@growththerapy.com.

Arabic: بالرقم اتصل . تصرفك تحت مجانية لغوية مساعدة خدمات فليديك ، الإسبانية تتحدث كنت إذا :إسباني support@growththerapy.com.

French Creole: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele support@growththerapy.com.

French: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le support@growththerapy.com.

Polish: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer support@growththerapy.com.

Portuguese: ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para support@growththerapy.com.

Italian: ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero support@growththerapy.com.

Japanese: 注意事項 : 日本語を話される場合、無料の言語支援をご利用いただけます。support@growththerapy.com まで、お電話にてご連絡ください。

Farsi: توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما. بگیریید تماس support@growththerapy.com با باشد می ف

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। support@growththerapy.com पर कॉल करें।

Gujarati: સુચના: જો તમે ગુજરાતી બોલતા છો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો support@growththerapy.com.

Hmong: LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau support@growththerapy.com.

Urdu: خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں support@growththerapy.com.

Cambodian: ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ support@growththerapy.com.

Punjabi: ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। support@growththerapy.com ਤੇ ਕਾਲ ਕਰੋ।

Yiddish: אויפמערקזאם: אויב איר רעדט אידיש, זענען פארהאן פאר אייך שפראך הילף סערוויסעס פון אפצאל. ארופט support@growththerapy.com.

Amharic: ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በገዳ ሊያገለግሉት ተዘጋጅተዋል፡ ወደ ሚክተሎው ቁጥር ይደውሉ support@growththerapy.com.

Thai: เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร support@growththerapy.com.

Lao: ໂບດລາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-800-997-6196 support@growththerapy.com.

Albanian: KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në support@growththerapy.com.

Serbo-Croatian: OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite support@growththerapy.com.

Ukrainian: УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером support@growththerapy.com.

Nepali: यदि तपाईं स्पेनी बोल्नुहुन्छ भने, तपाईंसँग तपाईंको निपटानमा निः शुल्क भाषा सहायक सेवाहरू छन्। कल गर्नुहोस् support@growththerapy.com.

Dutch: AANDACHT: Als u nederlands spreekt, kunt u gratis gebruikmaken van de taalkundige diensten. Bel 1-800-997-6196 support@growththerapy.com.

Swahili: KUMBUKA: Ikiwa unazungumza Kiswahili, unaweza kupata, huduma za lugha, bila malipo. Piga simu support@growththerapy.com.

Indonesian: PERHATIAN: Jika Anda berbicara dalam Bahasa Indonesia, layanan bantuan bahasa akan tersedia secara gratis. Hubungi support@growththerapy.com.

Turkish: DİKKAT: Eğer Türkçe konuşuyor iseniz, dil yardımı hizmetlerinden ücretsiz olarak yararlanabilirsiniz. support@growththerapy.com irtibat numaralarını arayın.

Kurdish: تو بو، بهخوڤراییی، زمان یارمهتی خزمهتگوزاریهکانی، دهکبهیت قهسه کوردی زمانی به ئهگهر: ئاگاداری پهیوهندی به support@growththerapy.com بکه. بهردهسته.

Norwegian: MERK: Hvis du snakker norsk, er gratis språkassistanstjenester tilgjengelige for deg support@growththerapy.com

Greek: ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε support@growththerapy.com.